

**A Canelli MA, LMHC, NCC**  
**Canelli Counseling and Consultation**  
901 Boren Ave Suite 1300, Seattle, WA. 98104  
canelli.ac@gmail.com  
206-898-0231

### **Professional Summary**

Licensed Mental Health Counselor in Washington State, providing therapy, supervision and consultation. Extensive experience providing therapy and advocacy for LGBTQ populations through an anti-oppression lens. Special focus: transgender, gender variant and gender non-conforming adults and youth. Professional experience in a university setting teaching basic counseling skills and group therapy. Developer of ICATH: Informed Consent for Access to Trans Health, a model that promotes autonomy and basic human rights to health care for transgender people.

### **Credentials**

MA. ed., Mental Health Counseling, Seattle University

Licensed Mental Health Counselor, Washington State

Washington Administrative Code Approved Clinical Supervisor

Washington Administrative Code Lesbian, Gay Bisexual Transgender Consultant

Nationally Certified Counselor

Washington Mental Health Counselor Association member

Teaching Assistant for Seattle University (2008-2011)

Therapist, Supervisor and Consultant for Seattle Counseling Service (2004-2011)

### **Education**

**MA. ed., Mental Health Counseling, Seattle University, 2005**

*Focus:* Transgender considerations in counseling; cognitive-behavioral and object relations therapy with LGBTQI populations.

*Thesis:* Elimination the Diagnosis of Gender Identity Disorder from the DSM-IV

**B.A. Health Psychology, Bastyr University, June 2000**

*Major:* Health Psychology, *Minor:* Experimental Research

*Focus:* Physiological effects of stress on emotions, behavior and immune system functioning.

*Distinctions:* Member of both the Accreditation Board and the Orientation Board for Bastyr University.

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### **Professional Experience**

#### **Seattle Counseling Service, Seattle. WA.**

*Therapist/Supervisor/Consultant*

2004-2011

- Provided Weekly Sexual and Gender Minority Consultation in house, with other mental health agencies, hospitals, and private therapists.
- Presented LGBTQI Cultural Competency Trainings to other King County Community Health Agencies and Medical Offices.
- Provided individual therapy/case management.
- Conducted interviews for prospective Graduate level interns.
- Supervisor for graduate level interns, focus on counseling theory, techniques, and boundaries.
- Development of Psychotherapy groups for transgender individuals.
- Co-facilitated a day treatment program for disadvantaged individuals.
- LGBTQI community outreach intra-agencies.
- Developed Peer Counseling Intern Program for King County Consumers.

#### **Seattle University, Seattle, WA.**

*Teaching Assistant for Basic Counseling Skills Class and Group Process and Therapy*

2008-2011

- Assessed student videos and provided feedback to help improve basic clinical counseling skills.
- Evaluated student progress and helped with grading process.
- Facilitated psychotherapy groups for graduate students to teach them how to become a working group.

#### **Canelli Counseling and Consultation, Seattle. WA.**

*Private Therapy, Supervision and Consultation Practice*

2010 to present

- Provide anti-oppression based psychotherapy predicated on Social Justice.
- Supervise LMHCA's to help them work towards licensure hours.
- Provide LGBTQ consultation to therapists, schools, agencies and other community members.
- Provide transgender trainings for professional bodies and mental health counselors.

#### **King County Crisis Line, Seattle. WA.**

*On Call Supervisor and Hospital Authorization Liaison*

2010 to present

- Supervise volunteer phone workers through crisis calls
- Provide linkages to county DMHPs and hospital staffs
- Work with hospital support staff to hospitalize gravely disabled, suicidal or mentally decompensated King County residents

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**ICATH: Informed Consent for Access to Trans Health , Seattle, WA.**

*Founder, Provider, Trainer and Advocate.*

2011-present

- Founded ICATH: ICATH is a project that is a collaboration of gender confirming providers, including therapists and medical professionals.
- Advocate for the acceptance of Informed Consent as a Standard of Care, both on a macro and micro level.
- Work directly with consumers to advocate for reduced-barrier access to gender-confirming health care.
- Promote the ICATH model, which reflects the basic human right to self-actualization by advocating for transgender individuals to get their basic health care needs met without having to go through the gate keeping process of therapy to prove mental competence.
- Work to make ICATH accessible to providers and consumers alike.
- Train in ICATH to improve providers' understanding that ICATH promotes a departure from the system that uses the diagnosis Gender Identity Disorder Diagnosis and Gender Dysphoria as a means for accessing gender confirming health care.

**Trainings and Presentations**

- **ICATH: Navigating Transgender Health Care without Oppression.** Gender Odyssey Conference (2011).
- **Gender Identity: Understanding Discrimination and Workplace Issues for Transgender and Gender Nonconforming Individuals.** King County Public Health (2011).
- After receiving a Masters in Mental Health Counseling I developed criteria provided service trainings for mental health and medical practitioners to help better understand how external and internal oppression mediates mental health functioning of LGBT individuals. I facilitated: **“Transgender Clinical Considerations and Depathologizing Transgender Identities,”** & **“Lesbian, Gay Bisexual Competency in the Counseling Setting,”** at the following agencies:

Sound Mental Health (2007, 2008, 2009, 2010)

Pike Market Clinic (2005, 2008)

Capitol Hill Medical Clinic (2007)

Pacific Medical Center (2009)

Harborview Hospital (2008)

Community Psychiatric Clinic (2008, 2010)

Jewish Family Services (2010)

Northwest Network (2010)

DSHS (2006, 2007)

DESC (2008)

Navos (2010)

Seattle University (2008)

University of Washington (2008, 2010)